

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

"BELIEVE YOU CAN AND YOU'RE HALF WAY THERE."

~ THEODORE ROOSEVELT

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						10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Fantastic Friday Flexing 1 st & 2 nd fl 2:15 Friday Matinee 1 st & 2 nd fl 3:15 The Price is Right...	10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Super Saturday Stretches 1 st & 2 nd fl 2:15 September Trivia 1 st fl 3:15 September Trivia 2 nd fl Anniversary of V-J Day
3 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Inspirational Music 1 st & 2 nd fl 2:15 Pentecostal House of Prayer 1 st fl 3:15 Bermuda Triangle-2 nd fl Don't Wear White Day	4 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Marvelous Monday Stretches 1 st & 2 nd fl 2:15 Celebration of Labor Day 1 st & 2 nd fl 3:15 Holiday Movie 1 st fl Happy B-day, Uncle Sam Labor Day	5 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Thankful Tuesday Body Rhythms 1 st & 2 nd fl 2:15 Bingo 1 st & 2 nd fl 3:15 All About Baseball 2 nd fl A Home Run Of A Day	6 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Wonderful Wednesday Aerobics 1 st & 2 nd fl 2:15 Hitz Squad 1 st fl 3:15 Modern Tunes 2 nd fl Waffle Week Day	7 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Thankful Thursday Stretches 1 st & 2 nd fl 2:15 Pokeno 1 st & 2 nd fl 3:15 Cranium Crunches 2 nd fl Grandma Moses Day	8 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Fabulous Friday Flexing 1 st & 2 nd fl 2:15 Drama Club 1 st fl 3:15 Dominos Challenge 2 nd fl Here She Comes, Miss America	9 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Sensational Saturday Stretches 1 st & 2 nd fl 2:15 House of Healing 1 st fl 3:15 Summer Crafts 2 nd fl An Artsy Day	
10 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Inspirational Music 1 st & 2 nd fl 2:15 God's Glory Ministries 1 st fl 3:15 Grandparents Day Celebration Day 1 st & 2 nd fl Grandparents Day	11 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Magnificent Monday Stretches 1 st & 2 nd fl 2:15 Remembering 9-11 1 st & 2 nd fl 3:15 Monday Manicure 2 nd fl Remembering 9-11	12 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Terrific Tuesday Body Rhythms 1 st & 2 nd fl 2:15 Pokeno 1 st & 2 nd fl 3:15 All About Jessie Owens 1 st & 2 nd fl Happy Birthday, Jessie Owens	13 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Wishful Wednesday Aerobics 1 st & 2 nd fl 2:15 Root Beer Floats 1 st & 2 nd fl 3:15 Current Events 2 nd fl Milton S. Hershey's Birth Anniversary	14 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Terrific Thursday Stretches 1 st & 2 nd fl 2:15 Bingo 1 st & 2 nd fl 3:15 History Of the Star Spangled Banner Trivia 2 nd fl Star-Spangled Banner Day	15 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Fabulous Friday Flexing 1 st & 2 nd fl 2:15 Hispanic Heritage Celebration 1 st & 2 nd fl 3:15 EZ Does It 2 nd fl Hispanic Heritage Day Rosh Hashanah Begins	16 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Super Saturday Stretches 1 st & 2 nd fl 2:15 Mexican Fun Facts 1 st fl 3:15 Travelogue 2 nd fl Mexican Independence Day Oktoberfest Begins	
17 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Inspirational Music 1 st & 2 nd fl 2:15 Bible Study w/Jerry White 1 st fl 3:15 Deal or No Deal 2 nd fl Share A Favorite Poem Day	18 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Marvelous Monday Stretches 1 st & 2 nd fl 2:15 Philadelphia Trivia 1 st fl 3:15 Monday Manicure 1 st fl National Respect! Day	19 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Thankful Tuesday Body Rhythms 1 st & 2 nd fl 2:15 Bingo 1 st & 2 nd fl 3:15 Native American Circle 2 nd fl Tote Painting Day Hummingbird Celebration	20 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Wonderful Wednesday Aerobics 1 st & 2 nd fl 2:15 Baking 1 st fl 3:15 A Time To Remember 2 nd fl Word Game Wednesday	21 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Thankful Thursday Stretches 1 st & 2 nd fl 2:15 Pokeno 1 st & 2 nd fl 3:15 Who, What, When? 2 nd fl World Alzheimer's Day	22 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Fantastic Friday Flexing 1 st & 2 nd fl 2:15 The Peterson's Entertainment 1 st fl Ancestor Appreciation Day	23 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Sensational Saturday Stretches 1 st & 2 nd fl 2:15 Scrapbooking 1 st fl 3:15 Autumn Social 2 nd fl Innergize Day Autumn Begins	
24 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Inspirational Music 1 st & 2 nd fl 2:15 Servants Heart Ministries 1 st & 2 nd fl 3:15 Crafting Sunday 1 st & 2 nd fl Yom Kippur Begins	25 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Magnificent Monday Stretches 1 st & 2 nd fl 2:15 Balloon Tennis 1 st fl 3:15 All About One-hit Wonders 2 nd fl One-hit Wonder Day	26 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Terrific Tuesday Body Rhythms 1 st & 2 nd fl 2:15 Pokeno 1 st & 2 nd fl 3:15 What's in a Name? 2 nd fl Johnny Appleseed Birthday	27 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Wishful Wednesday Aerobics 1 st & 2 nd fl 2:15 Resident Council & Food Committee Meeting 1 st fl 3:15 A Moment In Time 2 nd fl Thomas Nast Day	28 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Terrific Thursday Stretches 1 st & 2 nd fl 2:15 Bingo 1 st & 2 nd fl 3:15 A Time to Remember 2 nd fl Good Neighbor Day	29 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Fabulous Friday-Flexing 1 st & 2 nd fl 2:15 Birthday Bash, Ms. Veronica, Entertainment 1 st fl Happy Birthday Residents Sukkot Begins	30 10:00 Cookies & Social Chat 1 st & 2 nd fl 11:30 Super Saturday Stretches 1 st & 2 nd fl 2:15 Falling Leaves Luminary 1 st fl 3:15 Sports Arena 2 nd fl How Did We Live Without...? Day	